# **BROCKMAN COMMUNITY HOUSE**





Brockman House Inc is a not for profit organisation established in 1986

Address: Brockman Community Centre, 181 Altone Road, Beechboro WA 6063

**Telephone:** (08) 9279 1588 **Email:** communityadmin@brockmanhouse.net

**Instagram:** Brockmancommunityhouse **Website:** https://brockmanhouse.net

Facebook: https://www.facebook.com/brockmancommunityhouse/

### Our vision: A Healthy, Inclusive and Empowered Community

Brockman Community House is committed to providing the community with a child safe organisation, where children feel safe; secure; respected; happy and empowered to reach their potential.

# TERM 4 PROGRAM 7th October - 13th December 2024



## **OUR SERVICES**

#### COMMUNITY SERVICES PROGRAM

Reception hours: 9am - 2:30pm

Community Support Program offers support for the community through courses, workshops and various other activities including: Adult learning; life skills and social support; fitness and wellbeing; playgroups and early years support. All our staff are experienced and trained to be able to assist you and your family in the good times and

#### CHILDREN'S SERVICES

the not so good times.

Opening hours: 6:30am - 6:00pm

Child Care ages: 0-5years

Brocky's Preschool ages: 4-5 years

*Includes Happy Feet Fitness fortnightly* 

Outside School Hours Care ages: Kindy-Year 6

Before School Care & After School Care Bus service to the following schools:

East Beechboro; West Beechboro; Beechboro &

Good Shepherd Primary Schools

Vacation Care Program (School holidays)

#### Technology Support

Free one to one assistance and training available for computers, laptops, tablets, Ipads and mobile phones. **Bookings** are required.





#### FOOD ASSISTANCE

Food Share Pantry - Mon to Fri 9am-2:30pm

Give when you can and take when you need!

Perishables & miscellaneous items

SecondBite - Mondays & Thursdays 11:30am

Bread, fruit & vegetables

Oz Harvest - Wednesdays 1pm

Bread, fruit & vegetables

Sikh Gurudwara - Wednesdays 1pm (fortnightly) Vegetarian meals

# **BROCKMAN COMMUNITY HOUSE**

7th October - 13th December 2024 **Term 4 Program** 

7th October - 13th December 2024   Gilli 4 Fi Ogi alli					
Mee	M M	T	W	T	F
1	October 7 Playgroup 9:30-11:30am English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	8 Taekwondo 6-7pm	9 Patchwork 9.30am-2pm Thriving Through Mindfulness Mental Health Week Event 4:30-7pm Yoga 6-7pm	10 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
2	14 Playgroup 9:30-11:30am Community Cooking 12-2pm English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	15 Tuning into Kids 9:30-11:30am Taekwondo 6-7pm	16 Patchwork 9:30am-2pm Gratitude Garden 3:30-5pm Yoga 6-7pm	17 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Koolbardi Waabiny 18 Playgroup 9-11am Painting Ceramics 9.15-11.15am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
3	21 Playgroup 9:30-11:30am English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Tuning into Kids 22 9:30-11:30am Bringing Up Great Kids in the Early Years 12:30-2:30pm Taekwondo 6-7pm	23 Patchwork 9:30am-2pm Nutrition Week Family Cooking 3:30-5pm Yoga 6-7pm	Children's Week Einstein's Incursion Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	25 Koolbardi Waabiny Playgroup 9-11am Adult Art & Craft 12-2pm AGM 6-8pm
4	28 Playgroup 9:30-11:30am Community Cooking 12-2pm English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Tuning into Kids 29 9:30-11:30am Bringing Up Great Kids in the Early Years 12:30-2:30pm Taekwondo 6-7pm	30 Patchwork 9:30am-2pm Gratitude Garden 3:30-5pm Yoga 6-7pm	31 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	November Koolbardi Waabiny Playgroup 9-11am Painting Ceramics 9.15-11.15am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
5	4 Playgroup 9:30-11:30am English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Tuning into Kids 5 9:30-11:30am Bringing Up Great Kids in the Early Years 12:30-2:30pm Taekwondo 6-7pm	6 Patchwork 9:30am-2pm Family Cooking 3:30-5pm Yoga 6-7pm	7 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	8 Koolbardi Waabiny Playgroup 9-11am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
6	11 Playgroup 9:30-11:30am Community Cooking 12-2pm English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Tuning into Kids 12 9:30-11:30am Bringing Up Great Kids in the Early Years 12:30-2:30pm Taekwondo 6-7pm	13 Patchwork 9:30am-2pm Gratitude Garden 3:30-5pm Yoga 6-7pm	14 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Koolbardi Waabiny 15 Playgroup 9-11am Painting Ceramics 9.15-11.15am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
7	18 Playgroup 9:30-11:30am English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Tuning into Kids 19 9:30-11:30am Bringing Up Great Kids in the Early Years 12:30-2:30pm Taekwondo 6-7pm	20 Patchwork 9:30am-2pm Family Cooking 3:30-5pm Yoga 6-7pm	21 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Z2 Koolbardi Waabiny Playgroup 9-11am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
8	Playgroup 9:30-11:30am Community Cooking 12-2pm English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	Free First Aid for Parents/Carers 9:30am-12:30pm Taekwondo 6-7pm	27 Patchwork 9:30am-2pm Gratitude Garden 3:30-5pm Yoga 6-7pm	28 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Koolbardi Waabiny 29 Playgroup 9-11am Painting Ceramics 9.15-11.15am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm
9	December 2 Playgroup 9:30-11:30am English Class 12-1:30pm Deluxe Yin Yoga 6:30-8pm	3 Christmas Cooking 12-2pm Taekwondo 6-7pm	4 Patchwork 9:30am-2pm Family Cooking 3:30-5pm Yoga 6-7pm	5 Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Adult Art & Craft 12-2pm Santa's Workshop Christmas Event 5-8pm
10	Christmas Party 9 Playgroup 9:30-11:30am Community Cooking 12-2pm English Class 12-1.30pm Deluxe Yin Yoga 6:30-8pm	10 Christmas Sensory Play 9:30-11:00am Taekwondo 6-7pm	11 Patchwork 9:30am-2pm Gratitude Garden 3:30-5pm Yoga 6-7pm	12 Christmas Party Playgroup 9:30-11:30am Early Parenting Groups 12:30-2:30pm	Koolbardi Waabiny13 Playgroup 9-11am Painting Ceramics 9.15-11.15am Adult Art & Craft 12-2pm Taekwondo 5:30-7pm



Bookings are required, options include the following:
Email: <a href="mailto:communityadmin@brockmanhouse.net">communityadmin@brockmanhouse.net</a> Telephone: 9279 1588
Online: https://brockmancommunityhouse.simplybook.me/
Facebook - https://www.facebook.com/brockmancommunityhouse/



# **Upcoming Events**

ост **9**  Thriving Through

Mindfulness Event

Free Mindfulness Art & Yoga

Wednesday 9th October 4:30-7pm

**24** 



**25** 



26



6







COME JOIN US WITH YOUR LITTLE ONES FOR A MORNING OF STORIES AND CRAFT ACTIVITIES.

WHERE: MIDLAND CENTREPOINT
SHOPPING CENTRE
WHEN: FIRST WEDNESDAY OF
EACH MONTH
OCTOBER - DECEMBER
9:30-10:30AM

**2ND OCTOBER - SPRING** 

6TH NOVEMBER - REMEMBRANCE DAY

4TH DECEMBER - CHRISTMAS

# Price List

Annual Membership \$10 for all particiants

## Parent and Child Activities

Playgroup (one child) \$8 per session or \$70 per term
Playgroup (multiple children) \$10 per session or \$90 per term
Family Cooking - FREE
Gratitude Garden - FREE
Koolbardi Waabiny Playgroup - FREE
Sensory Play - \$10 per family

## Adult Education Programs

English Class - FREE First Aid for Parents/Carers - FREE

## Adult Leisure Programs

Patchwork - \$35 per term
Adult Art & Craft - \$10 per session
Painting Ceramics - cost varies by projects
Community Cooking - \$10 per session
Yoga - \$10 per session

**External tutor contact details:** 

Deluxe Yin Yoga - Beth 0424 927 637 Taekwondo - Kevin 0459 299 843

## FREE Parenting Programs

Facilitated by: Department of Health
Early Parenting Groups

To register, contact: Local Child Health Nurse

Facilitated by: Midvale Hub Parenting Service
Bringing Up Great Kids in the Early Years

Tuning into Kids

To register, contact: Midvale Hub Parenting

Service Perth North-East Telephone: 9290 6827 or

Email: <u>parentingservice@mundaring.wa.gov.au</u>

### Room Hire

Multipurpose Room, Kitchen and Outside Area

Monday - Friday (7am - 6pm) \$40 per hour Weekdays (6pm - 12am) & Weekends \$45 per hour

Multipurpose Room (Fitness) or Kitchen only

Monday - Friday (7am - 6pm) \$30 per hour Weekdays (6pm - 12am) & Weekends \$35 per hour

# What's new?

#### **Community Cooking Mondays fortnightly 12-2pm**

Connect with others whilst learning basic cooking skills and exploring affordable healthy and multicultural recipes.

#### **Family Cooking - FREE** Wednesdays fortnightly 3.30-5pm

Bring the kids after school and enjoy cooking and eating together. Great opportunity to learn new skills and create meaningful memories together.

We have a bus stop at the front of **Brockman Community Centre** 

**BUS ROUTE 955** 

# Amusement Rides Water Slide **Farm Animals** 💫 Visit from Santa and Brockosaurus

#### **KOOLBARDI WAABINY PLAYGROUP**

#### Fridays 9 - 11am (During School Term)

Koolbardi Waabiny Playgroup for Aboriginal and Torres Strait Islander families with young children aged 0-4 years to play, learn and thrive while having

Ngala Staff Contact - Shinade 0477 203 673



Proudly supported by the Australian **Government's Indigenous** Advancement Strategy.



Children will be entertained in the crèche during our meeting followed by dinner & entertainment.

## ANNUAL GENERAL MEETING

Santa's Toy Workshop

Food Trucks

**Face Painting** 

BROCKMAN COMMUNITY HOUSE

**CHRISTMAS EVENT** 

**6TH DECEMBER AT 5-8PM** 

HULL PARK, 43 HULL WAY BEECHBORO

Friday 25th October at 6-8pm



# Supporters











Sec**e**nd Bite

**Ending Waste. Ending Hunger.** 



























Community driven, supported by









Member for Bassendean







